

MacInnis

Catherine "Kay"

Theresa



Catherine Theresa "Kay" (MacPhail) MacInnis, age 63 of Port Hood, Nova Scotia, passed away on Monday January, 30, 2023 at the Halifax Infirmity.

Kay was born in Inverness, Nova Scotia to Leo and Mary (Campbell) MacPhail on October 11, 1959. Kay spent the majority of her upbringing in Winnipeg but eventually moved to Port Hood where she met the love of her life, Cyril MacInnis and went on to raise 5 children together in Glencoe Station. During these years Kay worked as a Personal Care Worker at the Port Hawkesbury Nursing Home where she was very well respected by both co-workers and residents. Once retired, Kay spent her time caring for others in the community through various acts of kindness and compassion. She doted over 7 grand children and was fiercely proud of each one, taking time to travel and visit them regularly. Kay's favorite past times were spent walking the trails and beaches of Port Hood, collecting beach glass along the way. Kay was known for always having time to stop and chat with each and every person she encountered.

Kay was predeceased by her husband, Cyril MacInnis and her father, Leo MacPhail. She is survived by her mother, Mary MacPhail; her sister Margaret Rosenbach (MacPhail) Rick; brothers, John, Leo and Philip MacPhail. Also survived by her children, Jennifer Park, Roddie Park, Bradley Park, Melina MacInnis (Patrick MacDonald), Chad MacInnis (Sylvia Grigat). Grandchildren, Heather, Dillan, Cullen, Brecken, Austin, Malcolm and Kaiden, as well as many nieces and nephews.

Visitation will be held at the Port Hood Resting Place on Thursday February, 2, 2023 from 2 to 4pm and 7 to 9pm. The funeral will take place at St. Peter's Parish in Port Hood on Friday February, 3, 2023 at 11:00am. Burial will take place at a later date.

Memorial Donations may be made to the Heart and Stroke Foundation:
www.heartandstroke.ca The family would like to extend their gratitude to Doctors and Nurses at the Inverness Hospital and Halifax Infirmary. As well to the Legacy of Life Organization where Kay was able to make an organ and tissue donation following her passing.

Online condolences can be made by visiting www.sunsetfuneralco-op.com